



# SPECIAL TIMES

## COMMUNITY THERAPEUTIC DAY SCHOOL

187 Spring Street, Lexington, MA 02421 781/861-7081

Winter 2019 Volume 30 #1

# 2018 ANNUAL REPORT

## COURAGE, HOPE, RESILIENCE, INSPIRATION

### A MESSAGE FROM OUR EXECUTIVE DIRECTOR



Our mission is to provide an individualized educational and therapeutic program for young children and to help them achieve social and emotional confidence, academic skills and to develop self awareness that will help to carry them forward in their lives.

At CTDS education becomes the understanding of ability and possibility and education becomes the connection of learning and doing. At CTDS reverence is paid to the children and families and the deeper curriculum of compassion and tenderness, wisdom and curiosity. Uniqueness, passion and skills are encouraged and nurtured. This is a place of giving and receiving. Our buildings are a metaphor for caring, safety, love and understanding: a place where, through relationship, there is a promise for change; a place that welcomes and recognizes the human condition; a place of questioning, wonder, relationship, understanding and devotion.

We inspire each other with courage, hope and resilience to learn and reflect and understand life's possibilities.

With Gratitude,  
Nancy Fuller

*Executive Director/President*

*"I have been through a lot of changes, but they have only made me stronger. In my first year I was very out of control, but now as you can see, I've gotten better at being in control and understanding myself".*

~Student Reflection

### HEY HOPE

By Philip Ashenuga, student

*\*Rendition of "Ho Hey" by The Lumineers*

I have been trying to do things right  
Doing my homework every night  
I've been sitting on my bed  
I've been thinking in my head  
Thinking in my bed

So show my family  
All the books I cannot read  
I don't know what's right or wrong  
I don't know where I belong  
But I can write a song

I belong with you, you belong with me, in my  
sweet home

I belong with you, you belong with me, in my  
sweet home

Kids could tell me to go away  
I just wanted to laugh and play  
Now I want to rule the world  
Teach them all, the golden rule  
And touch the sky  
Spread their wings and fly

I belong with you, you belong with me, in my  
sweet home

I belong with you, you belong with me, in my  
sweet home

And love, we need it now  
Let's hope...hope for some  
So, we're learning how

I belong with you, you belong with me, in my  
sweet home

I belong with you, you belong with me, in my  
sweet home

## REFLECTIONS OF A GRADUATE INTERN:

This is a very special place  
The ground here is fertile

Young, often weak or sick saplings find nourishment and strength enough to establish themselves, to root, here.

They root and grow a little.

Their growth is not always peaceful or pretty, it can be turbulent and sometimes painful, but they do it, they grow here.

There are older, healthy and strong trees here; they feed, and protect the little trees, allowing them time and space to grow.

From the strong and sturdy trees, the young one's learn how to be a tree, in the forest with the other trees. Here, the young trees reach taller and healthier; some of them even flower, revealing vibrant, truly unique blossoms.

The rains fall here, and the sun beams here; seasons rise and fall over time, the trees, all of them, grow down into the ground and up, often to very great heights.

The ground is fertile here.

This is indeed a very special place.

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“CTDS is a nurturing, caring environment for kids from preschool to seventh grade where anyone can make friends, learn, care for each other, and overcome any small disabilities they may have. CTDS is and should be remembered as a place of comfort and care where everyone feels welcomed and no one feels left out. At CTDS everyone belongs in a harmonious circle forever, and will never be forgotten...We all are trying our best to make the world a better place. And we have. The world is a better place. CTDS is just one step in the staircase of life. However, it is a necessary one. If people could see things from different angles they could help strengthen the weaker side of any human being. CTDS aims to do just that. And it has succeeded. CTDS can change everything. And we hope anything can change everything in the best way possible. CTDS brings us one step closer to that goal. And no matter how small that step can take us anywhere as long as we go in the right direction. And that is what CTDS is for: to lead us to happiness.”

*~Student Graduation Speech*



*“It was very stressful for me to muscle in when I arrived at CTDS. Now it is time for me to muscle out. I have reached the top of the mountain”*

*~Student at Graduation*

*A personal statement by a sibling of a CTDS student for entrance to an all girls independent private school -  
The school believes girls are called to greatness.*

**Q: Whom do you admire and why? How does that person inspire greatness in you?**

Bruce Hauptman was born in 1938 in Brooklyn, New York. He pursued a medical career as a Pediatric Psychiatrist. While on a trip to England he saw a school for children with learning and emotional challenges. He was inspired and realized that many children with neurological challenges were not getting the help they needed. So when he went back to the United States he started a school like that. In 1974 he founded, with his wife Nancy Fuller, and with clinicians and educators, The Community Therapeutic Day School (CTDS).

My brother Philip struggles with ADHD, anxiety, and learning disabilities. He went to three schools and none of them were the right fit for him, he was bullied, and completely tortured. After a long battle with the school district he went to CTDS where they helped him so much. He is happy & has made improvements socially, and educationally. CTDS has helped my family and many others.

Even though CTDS is a school for kids with neurological challenges they care about everyone. There are programs called sibling group, parent group, and grandparent group. When I went to my first sibling group, I was asked, "Why do you think you are here?" It's because we care about everyone and we know sometimes you may feel left out because you have a sibling who gets a lot of attention. But we care for you and want to make sure you feel like someone notices you." I then realized that CTDS was not just for kids with special needs but for everyone.

I admire Bruce (Hauptman) and his dream to help everyone. Bruce sadly died last November after dedicating half of his life to helping children with special needs and their families. He and the school he established inspired me to continue his legacy. I would like to become a therapist one day and help kids with neurological challenges and maybe work at his school. I would like to be a therapist because there are so many people like my brother that need help. I can't imagine what would have happened if Bruce hadn't gone to England and decided to start this school, so many people wouldn't have gotten the help they needed. In Bruce's obituary his wife Nancy wrote: "Bruce showed humility and deep compassion to others, he opened doors so that others would grow. He trusted the process of curiosity, questioning and wonder." I like this quote because this is the kind of person I want to be.

*~Cecelia Ashenuga*

*"I am so happy I attended this school. This school has been such a big piece of my life for 7 years. When I first arrived at this school, I had more energy than an Olympic athlete, and I wasn't great at controlling it. I also had numerous other social problems that I couldn't handle. After attending this school for a long time, I learned to control that energy, fix those problems, and most of all be a much better person."*

*~Student, Upon Saying Goodbye*



*"I have learned many things here at CTDS, for example, being yourself & accepting who you are."*

*~Present Student*

*"I will miss coming in the door and thinking, 'Finally I am home'."*

*~Student*



**Special Times Editors and photography:**

Nancy Fuller  
Colleen McGovern  
Kunjan Anjaria

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**COMMUNITY THERAPEUTIC DAY SCHOOL**  
**Statement of Activities**  
**For the Year Ended June 30, 2018**

	<u>2018</u>	<u>2017</u>
	<u>Total</u>	<u>Total</u>
<b>REVENUES, GAINS AND OTHER SUPPORT:</b>		
Tuition and fees	\$2,848,928	\$2,815,437
Contributions	100,294	100,590
Grants	150	2,000
Investment income	110,582	101,695
Net unrealized and realized gains (losses) on investments	363,430	409,502
Other Income	1,190	15,843
Net assets released from restrictions: Satisfaction of program restrictions	-	-
Total revenues, gains and other support	<u>3,424,574</u>	<u>3,445,067</u>
<b>EXPENSES:</b>		
Program services:		
Day	1,799,494	1,791,116
Summer	129,742	135,243
After School program	22,568	36,365
Inclusion program	<u>280,375</u>	<u>283,293</u>
Total program services	<u>2,232,179</u>	<u>2,246,017</u>
Supporting services:		
Management and general	419,348	393,643
Fundraising	<u>100</u>	<u>380</u>
Total supporting services	<u>419,448</u>	<u>394,023</u>
Total expenses	<u>2,651,627</u>	<u>2,640,040</u>
Change in net assets	<u>772,947</u>	<u>805,027</u>
Net assets at beginning of year	<u>8,929,964</u>	<u>8,124,937</u>
Net assets at end of year	<u>9,702,911</u>	<u>8,929,964</u>

**REMINDER**  
**ALUMNI PICNIC**  
**APRIL 26th, 6-8 PM**  
**RAIN OR SHINE**

Please visit our updated website  
[www.communitytherapeuticdayschool.org](http://www.communitytherapeuticdayschool.org)

## ***FROM THE BOARD TREASURER***



My wife and I really got to know Nancy, Bruce and CTDS over 20 years ago when we were struggling with our daughter and looking for help. At the time, and more so now, as I look at the person our daughter has become, I realize how fortunate we were to be a part of this community. I joined the board several years ago and this past year Nancy asked if I would step in as Treasurer when we lost Bruce. I gladly said yes. I continue to have that same feeling every time I am on campus as I meet students, parents, alumni and faculty. The care and dedication of the teachers and commitment of students and families has created a unique environment where children are able to develop their voices and reach their full potential. The organization is financially strong yet while we continue to successfully sustain the basic operations with tuition, we do rely on the generosity of you all to enhance the experience of our students and staff and continue the important out-reach programs into your communities. Your donations allow us to develop programs and provide resources for our teachers as they address the unique needs of their classes. I want to thank you all personally for being generous with your support and assure you that your donations have significant impact on the lives of many.

CTDS continues to remain a strong and vibrant organization. I stand shoulder to shoulder with our talented board members as we commit to the continued success of the program. I want to wish you all a year ahead full of growth and success!

Respectfully,  
Mark B. Lucier  
*Treasurer*

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## ***WELCOME DR. JOEL GOLDSTEIN TO OUR STAFF***



Joel Goldstein, Psychiatrist, joined CTDS in the Spring of 2018. He holds his B.A from the University of Pennsylvania and his MD from Albert Einstein College of Medicine in New York. Currently, Joel is a child/adolescent psychiatrist for the Department of Mental Health in their Caring Together Initiative. He is a Clinical Assistant Professor at Cambridge Health Alliance and Harvard Medical School.

He also has a private practice in Lexington. He is a member of the American Psychiatric Association, the American Academy of Child and Adolescent Psychiatry (AACAP) and of the New England Council for Child and Adolescent Psychiatry.



*"I remember the first time we met CTDS when we brought our son in for a diagnostic consultation we were sitting on the couch upstairs and for the first time in a very long time I felt that everything would be okay. I wanted to sink into that couch and never leave that safe, reassuring environment. Our son is now in college and doing well."*

**Individual and Families**

Howard Aibel  
 Jonathan & Julie Aibel  
 Tom Albert, *in memory of Bruce Hauptman, (MD), in honor of Nancy Fuller*  
 Blake Allison, *in memory of Bruce Hauptman*  
 Jeffrey & Freida Alpert, *in memory of Bruce Hauptman in honor of Kathy Alpert*  
 Kim & Matt Anderson, *in memory of Bruce Hauptman*  
 Anonymous, *in honor of Linda Butler, Nancy Fuller in memory of Bruce Hauptman, Thomas Ladka*  
 Michael Ashenuga & Liz Vondrak  
 Michael Bassichis & Sylvia Freed, *in memory of Bruce Hauptman*  
 Edward Bell  
 Debbie Bergeron & Ted Lambrukos, *in memory of Bruce Hauptman*  
 George Berman & Regina Roman  
 Robert & Margaret Bicknell, *in memory of Bruce Hauptman*  
 Alan Bloom & Sarah Graf, *in memory of Bruce Hauptman*  
 Jacob & Nancy Bloom, *in memory of Bruce Hauptman*  
 James & Susan Booth, *in memory of Bruce Hauptman*  
 Tony Bram & Linda Helmig, *in memory of Bruce Hauptman*  
 Richard Brodie  
 Elizabeth Burns, *in memory of Thomas Ladka*  
 Dotty & Paul Burstein, *in memory of Bruce Hauptman*  
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 Heidi Hoffman, *in memory of Bruce Hauptman*

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 Alan & Sherri Kauffman  
 Tony & Gail Keefer, *in memory of Bruce Hauptman*  
 Janet Kenneally, *in honor of Lauren Walton*  
 Victoria Kikis, *in memory of Thomas Ladka*  
 Joe Kitrosser, *in memory of Bruce Hauptman, Sally Joy Remington*  
 John Klahn, *in memory of Thomas Ladka*  
 Linda Kobierowski Garino, *in memory of Thomas Ladka*  
 Neil & Miriam Kowall  
 Mildred Laforge, *in memory of Thomas Ladka*  
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 Lisa Lansing, *in memory of Bruce Hauptman*  
 Murray & Deb Lapidés  
 David & Regina Levine, *in memory of Bruce Hauptman*  
 Jessica Lipnack, *in memory of Bruce Hauptman*  
 Eric & Judith Lubersbane, *in memory of Bruce Hauptman*  
 Mark & Megan Lucier, *in memory of Bruce Hauptman*  
 Diane Lyon, *in memory of Bruce Hauptman*  
 Krista Macari, *in memory of Bruce Hauptman*  
 Michael Martignetti  
 Elizabeth May  
 John McArthur & Reva Tankle, *in memory of Bruce Hauptman*  
 John & Betsy McElroy, *in memory of Thomas Ladka*  
 Lauren Mednick, *in memory of Bruce Hauptman*  
 Corinne Miller, *in honor of Alan Shapiro*  
 Kathleen & Matt Modderno, *in memory of Bruce Hauptman*  
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 Robert Pyles, MD, *in memory of Bruce Hauptman*  
 Michael & Josephine Ridini, *in honor of Nicholas Koutrouba*  
 Phillip Riley & Arlene Prizant-Riley, *in memory of Bruce Hauptman*  
 Christopher Ripman  
 Richard Robbins, *in honor of Devon Porter*  
 Joseph Ronald  
 Anne Rosen, *in memory of Bruce Hauptman, in honor of Meredith Rosen*  
 Phillip Ruedi & Laura Staich, *in memory of Bruce Hauptman, in honor of Griffin Ruedi*  
 Chris & Emily Ruigomez, *in memory of Bruce Hauptman*  
 Les Savage, *in memory of Bruce Hauptman*  
 Simon Scheff, *in memory of Dr. Janet Brown*  
 Marlene Schulman, *in memory of Bruce Hauptman*  
 Peter Schuntermann  
 Richard & Ann Seltzer

Alan Shapiro & Priscilla Harmel, *in memory of Annabelle Morris, Bruce Hauptman, MD, Elizabeth Zito, in honor of Kathy and Lisa*  
 Henry Shaw, *in memory of Dr. Janet Brown*  
 Claire Sheehan  
 Daniel Sheff & Hanna Sherman, *in memory of Bruce Hauptman*  
 Russell Sherman & Wha Kyung, *in memory of Bruce Hauptman*  
 Theodore & Stephanie Silverstein, *in memory of Bruce Hauptman*  
 Gary & Sandra Simon, *in memory of Bruce Hauptman*  
 Tom & Dorena Speth, *in memory of Bruce Hauptman*  
 Carmelo Spirio  
 Robyn & Bill Spound, *in memory of Bruce Hauptman*  
 Dr. Morris Stambler, *in memory of Bruce Hauptman*  
 Fred & Matilda Stoddard, *in memory of Bruce Hauptman*  
 Walter Swearingen, *in memory of Thomas Ladka*  
 Thomas Swift, *in memory of Thomas Ladka*  
 Carole Symonds  
 Kevin Tait, *in memory of Bruce Hauptman*  
 Nathaniel & Kristin Tarlow, *in memory of Bruce Hauptman*  
 Dan Tilles & Sandra Baca, *in memory of Bruce Hauptman*  
 Traverse, Michelle & Sean  
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 Ernest Van Seasholes, *in memory of Bruce Hauptman*  
 Victor Veloso, *in memory of Bruce Hauptman*  
 Janice Ware, *in memory of Bruce Hauptman*  
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 Judy & Jeffrey Wisnia, *in memory of Bruce Hauptman*  
 William & Linda Wolk, *in memory of Bruce Hauptman*  
 Mark Yerkes & Jennifer Connor, *in memory of Bruce Hauptman*  
 Lauren & Alberts Ziedins, *in memory of Bruce Hauptman*

**Corporations & Organizations**

ABC CPR Services, Inc  
 Clark, Hunt, Ahern, & Embry  
 Commonwealth of Massachusetts  
 Five Fields, Inc.  
 Flir Systems, *in memory of Bruce Hauptman*  
 Gartner Inc, *Matching Gift*  
 Keane Fire & Safety Equipment Co. Inc.  
 Kotin, Crabtree, and Strong, *in memory of Bruce Hauptman*  
 Leonard, Mulherin & Greene, P.C.  
 Marketing Associates Insurance Agency, Inc.  
 Telamon Insurance, *in memory of Bruce Hauptman*  
 The Margaret Gifford School Inc., *in memory of Bruce Hauptman*

**Foundations**

The Charlotte Foundation, *in memory of Bruce Hauptman*  
 Choate Hall & Stewart LLP, LP Charitable Trust  
 Fidelity Charitable Gift Fund, *in memory of Bruce Hauptman*  
 Loring Wolcott & Collidge Trust, LLC  
 Morgan Stanley, Global Impact Funding Trust  
 New York Life, YourCause, LC Trustee  
 Raytheon Matching Gifts  
 Schwab Charitable, *in memory of Bruce Hauptman*  
 The Benevity Community Impact Fund, *in honor of Bella Malek*  
 The Boston Foundation  
 United Way of Mass Bay & Merrimack Valley  
 Verizon Foundation