## TO MAKE AN APPOINTMENT

for a DIAGNOSTIC CONSULTATION

or for more information please call

Michelle Traverse, LICSW or Bridget Glenshaw, LMHC 781-861-7081

We are located at 187 Spring Street, Lexington, MA 02421 (f) 781-861-3625

www.communitytherapeuticdayschool.org ctds1@verizon.net



Community Therapeutic Day School is located on a 4 - acre former dairy farm. The orchard, woodlands, nature path perennial gardens, historic barn and playground offer educational and recreational opportunities.



Helping children and their families move towards healing, health and hope since 1974.

## DIAGNOSTIC CONSULTATIONS



Diagnostic Consultations provide an opportunity for families to explore their child's emotional, social and cognitive development using an interview and play therapy model.

## COMMUNITY THERAPEUTIC DAY SCHOOL

Community Therapeutic Day School (CTDS), founded in 1974 under the auspices of Boston Children's Hospital, Harvard Medical School and the Mass. Mental Health Center, and with original funding through the National Institute for Mental Health, enrolls children with severe emotional, social and neurological difficulties that interfere with their learning and prevent them from attending regular school programs.

Our mission is to provide an educational and therapeutic environment where children with neurological and emotional disabilities can reach their intellectual, physical, linguistic, social and emotional potential.



In addition to our core school program, we offer the following community and training services:

- Diagnostic Consultations
- · Neuropsychological Evaluations
- Consultation in therapeutic education and inclusion to public and private schools
- Psychotherapy
- Parent Guidance
- · Sibling groups for siblings of children with disabilities
- Child psychiatry residence training through a formal teacher-affiliation with UMass Medical School
- Graduate school training to students from local universities in a variety of educational and clinical disciplines

## DIAGNOSTIC CONSULTATIONS

"There is no kind of stress or pain like that which we feel for our children who are struggling. The work that you do to help families like ours may be underappreciated by society, but it is crucial to the children and parents that need it."

Parent, Diagnostic Consultation

Utilizing a diagnostic interview and play therapy model, CTDS provides diagnostic consultations which aid families in understanding their child's needs. Careful exploration of the many facets of the child's development, functioning, and current difficulties allows for the synthesis of diagnostic indicators which illuminate the leading edge of the child's unique strengths and challenges.

In our extensive experience, and work with the whole child, we offer a clear, impartial and comprehensive perspective that integrates the many aspects of a child's condition. These may include:

- · Psychological and/or psychiatric vulnerabilities
- · Neurological conditions
- Physical development
- Sensory integration and processingSpeech/language disorders and/or delays
- Intellectual capacity
- · Educational functioning
- Social and emotional maturity and awareness
- · Areas of development and developmental
- trajectory
- Executive Functioning
- Genetics
- · Attachment and the child's place in his/her family
- and culture
- Sibling relationships

As a community service CTDS evaluates children of all ages for free at the request of parents, or by referral from counseling, educational and medical professionals. A Spanish speaking clinician can be available upon request.

Donations are accepted, encouraged and appreciated.