



SPECIAL TIMES

COMMUNITY THERAPEUTIC DAY SCHOOL

187 Spring Street, Lexington, MA 02421 781/861-7081

Winter 2018 Volume # 1

2017 ANNUAL REPORT

IN MEMORY OF BRUCE HAUPTMAN, MD



It is with sincere gratitude, respect and love that we dedicate this annual report in memory of Bruce Hauptman, MD, my husband and also my partner in this significant professional endeavor. May his life, his legacy and his memory be a blessing to us all. His steadfast devotion, curiosity and determination will live within us.

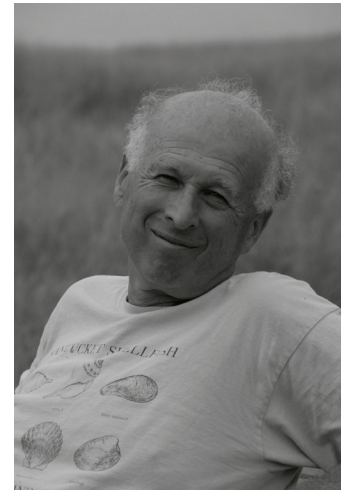
Nancy Fuller, Executive Director

A memorial service will be held at the CTDS barn on April 8th 2-3:30 pm

“We have come a long way but in some ways we have just begun”

Bruce Hauptman, MD

“Knowledge from the past is incorporated into our current new knowledge. It is not as if we take something from the past that has no relationship to the present. We strive to take the past and bring the past to inform us into the future.” ***Bruce Hauptman, MD***



“Bruce was such an extraordinary individual. We are grateful to have been privileged to know him even a little bit. Bruce was such an inspiring man:

He took a dream and created a reality; a school, a staff, a family, a treasured safe house for our daughter

His love of learning

His gentleness

His wisdom

His ability to see the tremendous potential in children whom others could not see at all

His unshakable belief in those children and their families

His curiosity about all things”



“He taught us how to love and be loved regardless of our backgrounds. In many ways – one way or another- his kindness and compassion made me think of others instead of myself. “

“Bruce was a unique and dedicated clinician. He created and sustained a program for some of the most poorly understood and underserved children creating an environment that could facilitate their growth.

He created options for treatment where there were almost none. He was a wonderful man with a dry sense of humor and endless optimism.”

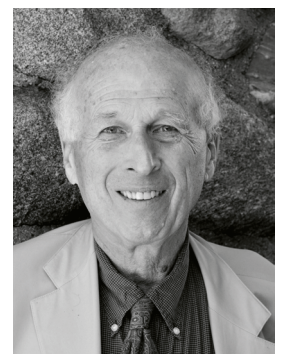
“Bruce carried so many on his tall, kind back. One of my special memories of CTDS is of feeling instantly calmed by a glance or a word from Bruce. He had such a wise, benevolent aura that made one feel “it will be ok”.”



Bruce as a child



Bruce Hauptman MD, died peacefully and suddenly Saturday November 11, at the age of 79 with his wife Nancy Fuller by his side. He was born in Brooklyn, New York in 1938, the son of Dr. Hyman and Toba Hauptman. His family was deeply committed to the pursuit of understanding in medicine and child development. Bruce lived a wonderful life. He graduated Union College in 1959 and went on to pursue a medical career in psychiatry at New York Medical College. He completed his internship at Michael Reese Hospital and Medical Center, Chicago and a Psychiatry residency at Hillside Hospital, New York. He was a Lt. Commander in the US Navy during the Vietnam War from 1967-1969. "I ran a recruit evaluation unit as my primary responsibility and it sensitized me to the complexity of diagnosis as well as prognosis needing to make quick decisions regarding the disposition of new recruits who often exhibited emotional issues."



Bruce spent two significant years at Tavistock in London from 1968-1970 studying with renowned teachers in the field of psychiatry, John Bowlby, Anna Freud, Arthur Hyatt-Williams, Murray Parkes and in particular Donald Winnicott, MD. It was Winnicott whose teachings have profoundly influenced Bruce's entire career. "I found myself in an educational environment that exceeded my expectations. Winnicott provided a constant stream of evocative questions, ideas, insights and reflections. I found myself eagerly awaiting each of the Tuesday evening meetings in Donald Winnicott's livingroom; I would not allow anything to get in the way of attending them. The underlying theme of the meetings was a presentation of children from a book he was preparing: Therapeutic Consultations in Child Psychiatry (1971). Each week brought discussions and what mattered was that one felt oneself part of an ongoing process-an exploration seeking knowledge, and attempts to understand human nature. Winnicott's openness, his lively mind, and dedication to his work was constantly refreshing. During my stay in London I was fortunate to be able to visit several Winnicottian influenced educational establishments. Visiting these programs had a profound impact on me: a direct and vital application of Winnicott's work to educational/therapeutic environments. The idea that the intervention of a group of people properly trained, educated and supported who were not the child's parents or actual parent substitutes but were capable of taking on the essentials of a parental role could provide a pattern of consistent loving care, understanding, management, control, education and therapy. The therapeutic process was able to unfold that was efficacious in a way that other forms of treatment were not- that is, realization of therapy through a child's living and specialized school environment, medical and special education provisions, supporting the parents and integrating all aspects of intervention, hence creating a holding environment, a heavily therapeutic one, but a holding environment nevertheless."

"All my memories of Bruce are about how consistently peaceful, grounded, balanced and happy he was, and what a great stabilizing example"

"It is impossible to put into words how much Dr. Hauptman meant to my daughter and myself. After 14 years he felt like a cherished family member. His wisdom, patience, kindness and humor helped us immensely. He not only helped my daughter but he helped me to be a better person and a better parent."

"I always found his conversation stimulating, and his achievements an inspiration to do more in my own life, especially to tackle new challenges (although I couldn't match his serene confidence!)."

Bruce Hauptman cared deeply about the process of helping children and families to heal. He was an exceptional diagnostician.



Bruce was a training fellow in Child Psychiatry at the Massachusetts Mental Health Center and Boston Children's Hospital from 1970-1971. He then became an instructor in Psychiatry at Harvard Medical School and the Massachusetts Mental Health Center from 1971-1987.

In 1974 recognizing the paucity of therapeutic services for young children, he founded, with his wife Nancy Fuller, and with a group of dedicated clinicians and educators, a school program: The Community Therapeutic Day School (CTDS), originally located in Boston with funding through the National Institute for Mental Health and under the auspices of Boston Children's Hospital and Harvard Medical School and the Mass Mental Health Center. CTDS moved to Lexington in 1986.

CTDS is a therapeutic organization for children with neurologic and psychiatric disabilities that today is a thriving multi-disciplinary clinical and educational program serving over 200 children and families a year. "At CTDS many of Winnicott's papers were used to teach staff a way of conceptualizing the child's condition and helping a family deal with their own distress. Winnicott's language gives parents as well as clinicians powerful tools to understand their children and to become partners in their child's treatment and education. Winnicott maintained humility in the face of difficulties. Winnicott's writings and principles are sustained with a philosophic underpinning acknowledging the school as a holding environment."

"Winnicott's openness, encouraging others to think, his creativity and his writings, which suggest, but do not dictate ways of conceptualizing and working with difficult life problems have been "metabolized" by me and by those with whom I work. They provide a way of thinking about human nature, without dictating its boundaries, but by establishing ways to work with children and their families that offers hope." Bruce has infused his clinical work embedded by the teachings of Winnicott.

He also had an active private practice in Cambridge MA, Bruce continued to love his work and work with love. Bruce was always on a deep quest for understanding. He pursued many interests spanning science, history, medicine, literature and the arts. He brought all he sought to his work with others to alleviate their suffering and to help them move ahead in their lives. Bruce showed humility and deep compassion to others, he opened doors so that others would grow. He trusted the process of curiosity, questioning and wonder.

Quotes from the publication:

Donald Winnicott and John Bowlby, Personal and Professional Perspectives: Judith Isroff, with contributions from Christopher Reeves and Bruce Hauptman, Karmac, 2005

"His incisive intellect, his analytic mind, his wide ranging vision and interests, from technology to architecture to the Greek etymology of English words, to creating beautiful mosaics and building wooden kayaks.... His appreciation of the natural and aesthetic in all its forms. His guidance in all matters psychiatric and medical, his encompassing knowledge about children and families, his leadership and his ability to guide staff in thinking outside the box and his willingness to share what he'd learned from his long years of experience gained in England and at home. And his sense of humor! His generosity of time, even in small things like bringing bagels for the staff. We all depended on his ability to cut through impediments decisively. When no one else could reach an outside psychiatrist, the respect in the community that Bruce had gained was reflected in that phone call being returned. When Bruce spoke, people listened carefully. What he shared with all of us remains a beacon, an illumination of mind and a brightness that will not be extinguished. My appreciation and gratefulness for having known him is boundless." With great love, CTDS Staff member

Special Times Editors and photography:

Nancy Fuller
Lisa Jennings
Kunjan Anjaria

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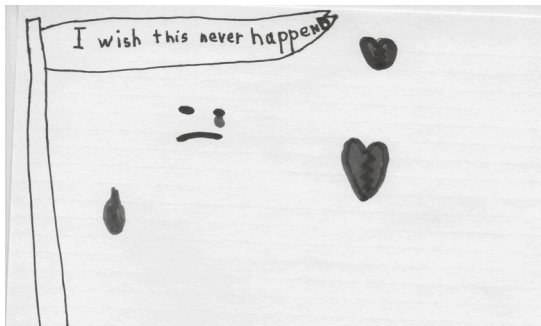
COMMUNITY THERAPEUTIC DAY SCHOOL
Statement of Activities
For the Year Ended June 30, 2017

| | <u>2017</u> | <u>2016</u> |
|--|------------------|------------------|
| | <u>Total</u> | <u>Total</u> |
| REVENUES, GAINS AND OTHER SUPPORT: | | |
| Tuition and fees | \$2,815,437 | \$2,760,719 |
| Contributions | 100,590 | 321,072 |
| Grants | 2,000 | 42,000 |
| Investment income | 101,695 | 98,286 |
| Net unrealized and realized gains (losses) on investments | 409,502 | 68,422 |
| Other Income | 15,843 | 86 |
| Net assets released from restrictions: Satisfaction of program restrictions | - | - |
| Total revenues, gains and other support | <u>3,445,067</u> | <u>3,290,585</u> |
| EXPENSES: | | |
| Program services: | | |
| Day | 1,791,116 | 1,819,308 |
| Summer | 135,243 | 121,422 |
| After School program | 36,365 | 42,278 |
| Inclusion program | <u>283,293</u> | <u>311,429</u> |
| Total program services | <u>2,246,017</u> | <u>2,294,437</u> |
| Supporting services: | | |
| Management and general | 393,643 | 424,629 |
| Fundraising | <u>380</u> | <u>65</u> |
| Total supporting services | <u>394,023</u> | <u>424,694</u> |
| Total expenses | <u>2,640,040</u> | <u>2,719,131</u> |
| Change in net assets | <u>805,027</u> | <u>571,454</u> |
| Net assets at beginning of year | <u>8,124,937</u> | <u>7,553,483</u> |
| Net assets at end of year | <u>8,929,964</u> | <u>8,124,937</u> |

REMINDER
ALUMNI PICNIC
APRIL 27th, 6-8 PM
RAIN OR SHINE



“As we grieve with you, we are having conversations about all that Dr. Hauptman meant in our son’s life, and by extension, in ours. He did not attempt to “cure” our son, he respected him as a unique individual and, as our son pointed out, “ Dr. Hauptman was the only person who understood the complexities of how my brain works” (and so, I think helped him make real progress). Dr. Hauptman was there for him for over 20 years of therapy. During this past year, Dr. Hauptman met with our whole family. He often gave us a short summary over the phone when our son was having an especially hard time. In retrospect, it’s almost as if Dr. Hauptman saw a “window of opportunity” in this past year to bring our son to the place he is now. Our son acknowledged this last night when the three of us were recalling all that Dr. H had meant in our lives. “He gave me a toolkit that I will always use to make decisions and see things in my own way.” For us, he was a comforting presence and a source of expertise we could count on-paying attention to our concerns, always returning our calls within 24 hours. Dr. Hauptman – his kindness and generosity to us as a family-will remain with us for the rest of our days. Right now it’s hard to imagine life without him, but he left us with optimism and a “toolkit” of how to live one’s life.”



“He was the sweetest, smartest and most endearing man. A brilliant clinician, and a virtual savior to many families like mine who came to CTDS in such a state of crisis. I feel honored that he touched my life.”



“Picture the soul as a chandelier. When one light on the chandelier burns out, sadness can come to all of us, but the chandelier will burn forever, never ending the life of the soul.”
CTDS Student

“Bruce was fun and had nice eyes”
CTDS Sibling

“Bruce we are still learning strong.”
CTDS Student

“Our family has been seeing Dr. Hauptman bi-weekly and in a recent conversation, he urged us all to come in and talk about next steps for our 30 year-old son. We are so sad that this connection will not happen, but, more importantly that we can’t express our deep appreciation for his insightful support and guidance for our whole family...although not an encounter went by without our hearts uplifted, smiles on our faces (even in the tough times) and a quick thank you as we passed others entering the door. A humble gentle soul with an infectious smile.”

Individuals and Family

Howard Aibel
 Jonathan Aibel & Julie Rowhein
 Jeffrey & Frieda Alpert, *in honor of Kathy Alpert*
 Anonymous, *in honor of Mike, Cait, Tara Jane, Lori, Linda, Tom, Amy & Kunjan*
 Anonymous, *in honor of Alison Koehler*
 Anonymous, *in honor of Dr. Walter Guralnick*
 David Bass & Susan Hall
 Phyllis & Harvey Baumann
 Edward Bell, *in memory of Dr. Peggy Bell, in honor of Alan Shapiro*
 George Berman & Regina Roman
 Malcolm Blier
 Jacob & Nancy Bloom
 Tony Bram & Linda Helmig, *in honor of Nancy, Bruce, Selene & Olivia*
 Richard Brodie
 Chris & Lisa Broughton
 Janet Brown
 Dotty and Paul Burstein
 John Butler, *in honor of Linda Butler*
 Linda & Tim Butler, *in honor of Siddhartha Swaminathan*
 Elizabeth Cabot, *in honor of Yasmin Arshad*
 Vanessa Calagna, *in honor of Alan Shapiro*
 Edward Clark, *in honor of Nancy Fuller*
 Len & Linda Cohen, *in honor of Dana Cohen*
 Brian & Heidemarie Conway, *in honor of Alan Shapiro*
 William & Carolann Corbett
 Edward Cunningham
 Scott & Wendy Damsky
 Eric & Margaret Darling
 Richard & Penny Dedinas
 Peg & Chris Deery
 Tom & Ellen Draper
 Daniel Dwyer
 Barry & Fran Dym
 Kathy Egmont
 Howard & Joanne Fisher
 Scott & Janice Fitzgerald, *in honor of Dana & Rachel*
 Michael & Ellen Fontenot, *in honor of Philippe Fontenot*
 Nancy Fuller, *in memory of Lucy Jane Broome, Martin Shansky, Meta Butler & Neila Straub*
 Pavithra Giridharan
 James Golden & Karen Hubbard
 Courtney Harmel
 Lawrence Hartmann
 Eddie and Jan Hauben
 Bruce Hauptman, *in memory of Herbert Hauptman*
 Bob & Fran Hiller

Patty Hinckley-Kilmain, *in honor of Meghan Hinckley & in memory of Majorie Wellins*
 Michael & Barbara Holz, *in memory of Hildegard Holz*
 Bryan Horling & Maura Fennelly, *in honor of Bella*
 David & Miriam Horton
 Steve & Beth Israel, *in honor of Alan Shapiro*
 Arthur & Reda Jovellas
 Alan & Sherri Kauffman, *in honor of Sarina Kauffman*
 Tony & Gail Keefer, *in honor of Bridget & John Glenshaw*
 Janet Kenneally, *in honor of Lauren Walton*
 Yongjoo Kim & Haesoo Ra
 Michael & Sandra Koutrouba
 Neil & Miriam Kowall, *in honor of the amazing staff & teachers at CTDS, John Glenshaw, Bella Malek, Serena Hadsell, Sarina Kauffman, Lori Silverstone, Tara Jane Besette & Priscilla Harmel*
 Stefanie Krotick, *in memory of Henry Dreher*
 Terry & Tom Ladka
 Ann & Weston Liu, *in honor of Brandon*
 Mark & Megan Lucier, *in memory of Dan Lucier*
 Diane Lyon, *in honor of Audrey and Evelyn Stewart*
 Elaine Mansfield, *in memory of Jim Ware, in honor of Janice Ware*
 Gabrielle Marroig & Jamie Moore
 Elizabeth May
 Henry & Joan May, *in honor of Charlie Humber*
 John McArthur & Reva Tankle
 Joe & Noreen Mitchell
 Joyce & Richard Morimoto, *in honor of your enduring energy and dedicated work.*
 David & Suzanne Morris
 Edward & Daveda Movitz
 Rachel & Graham Movitz, *in honor of John Glenshaw, Bella Malek, Mark Depot & Lauren Miller*
 Joanna & Nathan Muehleisen
 Justine Neely, *in honor of Koji & Rose Neely*
 Dave & Liz Neustaedter
 Kevin & Stacey Newman
 Gilbert O'Connell
 Charles & Alisa O'Dowd
 Edward Orenstein
 Amy & Jayesh Patel
 Neeta Patel
 Randall & Sally Paulsen
 Mike Pembroke
 Christopher & Vickie Perley
 Charlie Popper
 Michael & Josephine Ridini
 Christopher Ripman
 Jennifer & Richard Ripman, *in honor of Ben and Daniel*

Richard Robbins, *in honor of Devon Porter*
 Susan Rothenberg, *in memory of Jan Brown*
 Phillip Ruedi & Laura Staich, *in honor of Griffin Ruedi*
 Simon Scheff, *in memory of Dr. Janet Brown*
 Franz Schemmel
 Marlene Schulman
 Richard & Ann Seltzer, *in honor of Michael Howard Lewis*
 Alan Shapiro, *in honor of Priscilla Harmel, in memory of Martin Shansky & Meta Butler*
 Henry Shaw, *in memory of Dr. Janet Brown*
 Claire Sheehan, *in honor of Frederick Sheehan*
 Margaret Sheehan, *in honor of Katina Idol*
 Theodore & Stephanie Silverstein, *in memory of Harry David Silverstein*
 Robyn & Bill Spound
 Barry & Pam Sullivan
 Stephen & Toby Schlein
 Dan Tilles & Sandra Baca, *in honor of Dana, Rachel, Kathy & Daniel Reinstein*
 Sean & Michelle Traverse
 Heather & Mike Tunnicliffe, *in honor of Lauren Miller & Bridget Glenshaw*
 Ernest Van Seasholes
 Olivia von Ferstel, *in honor of the dedicated staff*
 Michael & Vicky Walton, *in honor of Lauren Walton*
 Peter & Kendra Wilde
 Lara & Bryan Wilson, *in honor of Ben Ripman & Daniel Reinstein*
 Howard Wishnie & Cathy Mitkus
 Linda & William Wolk
 Mark Yerkes & Jennifer Connor, *in honor of Makai Yerkes*

Foundations

Foundation for Metrowest
 Mortimer Charitable Trust
 New York Life, YourCause, LC Trustee
 Raytheon Matching Gifts
 The Benevity Community Impact Fund
 The Boston Foundation
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