



# SPECIAL TIMES

## COMMUNITY THERAPEUTIC DAY SCHOOL

187 Spring Street, Lexington, MA 02421 781/861-7081

2015 Volume 26 #2

## Our 2015 CTDS Graduates

*“To graduate - a verb, means to complete your learning and go to a new place.  
Graduation - a noun, means a ceremony for a graduate.”*

*“It was very stressful for me to muscle in. Now it’s time for me to muscle out. I have reached the top of the mountain. I’ve been through all my special times. This school is epic fun.”*



*“I want to say thank you! My teachers got me what I needed and helped me through. Thank you for everything you have given me. Just thank you.”*

*“I first arrived at this school as a 6 year old with an insect obsession. I also screamed. I screamed whenever I was scared. But, in time I was able to stop. After my screaming phase, I entered into being kinda mean. I still wanted to make friends. And I made quite a few for one of the first times. By my 5th year, I was making progress. Now I am much less mean. My main problem today is my worries. I am working on those, with help from adults and kids who are closest to me.”*

*“I have been here since I was four years old. This school has been a big help. I will try to never forget this school or my friends I have made here. This is a great school. I have had many years here I will never forget anyone or the friends I have made.”*

*“I’m so happy I attended this school. This school has been such a big piece of my life for 6 or 7 years. When I first arrived at this school, I had more energy than an Olympic athlete, and I wasn’t great at controlling it. I also had numerous other social problems that I also couldn’t handle. After attending this school for a long time, I learned to control that energy, fix those problems, and most of all; be a much better person. All the care and support that I received here helped me so much.”*

*“I have been through a lot of changes, but they have only made me stronger. In my first year I was very out of control, but now, as you can see, I’ve gotten better at being in control. Thank you for being there when I couldn’t control my thoughts and feelings.”*

*“This is my final year but I am glad for the time I spent here. As I am leaving I am giving an old copy of my favorite book, ‘The Wizard of Oz’ for the CTDS library. I am giving a little piece of myself that will stay here.”*

*“I’ll really miss my best buddies.”*

Quotes by CTDS students



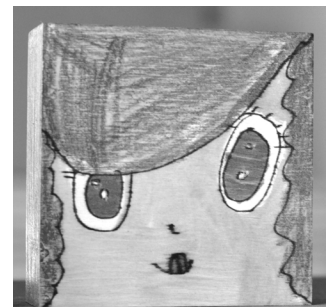
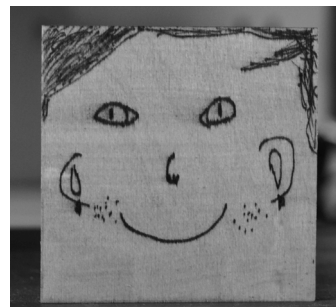
## WORKS IN PROGRESS ART IN MOTION

*by Steve Brennan*

This year's art is a sampling of work from a new course called 'Big Art'. Each month the whole school gathers for a multi-media demonstration of the creative process in motion. Art, artists, literature, music, film, theater, culture and history are presented through a montage of video clips. Once imaginatively inspired, all are set to explore a variety of artistic materials and techniques. Student centered process over product is emphasized to light the way toward expression flow. Flow is essential for artful thinking.

In this non-directive, non-threatening moment students are empowered by their own decision making. Freedom of expression builds a sense of confidence where mastery emerges. The large group dynamic with abundant stimulation has been remarkably galvanizing. Brainstorming spreads, creating opportunities for shared risk taking, and an exchange of ideas to happen. A community of inclusion and independence is exhibited; ultimately growing into self-awareness. This is the power of art.

But what is art? To answer this question we have been studying the elements of art. The seven formal elements of art are: line, color, shape, form, space, value and texture. These are the building blocks of the visual artists. Art must contain at least one or more of these elements. Our student artists are encouraged to use these blocks to develop their own visual voice. Their personal journey is the meaningful context we want to share through these works in progress, this Art in Motion.



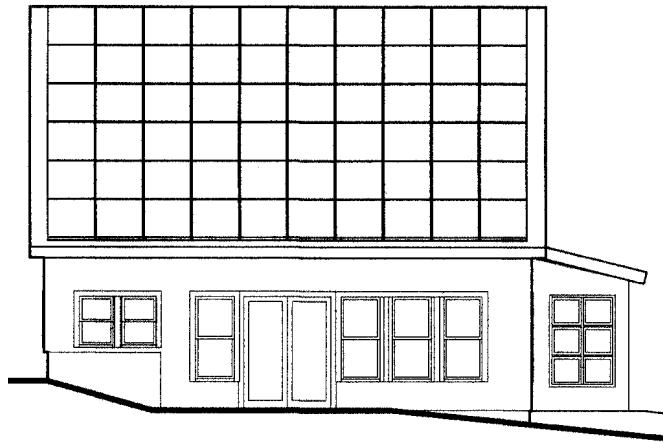


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LEXINGTON, MA  
PERMIT NO. 56707

***SAVE THE DATE***  
***September 26, 2015***  
***1 - 4 PM***  
***CTDS***  
***Open House***



Opening of the new building!

**Explore the past**  
**Experience the present**  
**Embrace the future**